

# 2003 Health and Preventive Practices Status Report

from Missouri County-level Study



## Ralls County\*\*

	County Prevalence (%)*	Northeast Region Prevalence (%)*	State Prevalence (%)*
<b>G</b> eneral			
Health Status (Fair or Poor)	20.8	20.7	16.9
No Health Coverage	17.9	15.4	12.3
<b>B</b> ehavioral Risk Factors			
Physical Inactivity	28.7	25.2	23.0
Current Smoker	27.8	28.2	26.5
Overweight (BMI 25-29.9)	35.1	34.9	35.3
Obese (BMI ≥ 30)	30.1	25.7	23.4
<b>D</b> isease and Conditions			
High Blood Pressure	29.4	29.0	28.5
High Cholesterol (35 years or older)	38.0	39.1	37.3
Asthma	14.6	10.4	10.7
Diabetes	7.9	6.3	7.2
Activity Limitation	18.4	17.8	17.8
<b>C</b> ancer Screening			
<i>Women</i>			
Never had a Mammogram	19.9	17.4	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	69.7	59.8	49.4
50-64 years of age	31.9	44.1	35.9
65 and older	66.5	57.5	47.4
Never had a Pap Test:			
18-69 years of age	3.2	5.6	5.1
70 and older	5.2	12.6 H	6.4
No Pap Test in Last Year (18-29)	12.9	23.8	25.8
No Pap Test in Last 3 Years (30-69)	13.8	19.0	13.8
<i>Men and Women 50 Years or Older</i>			
Blood Stool Test:			
Never had a Blood Stool Test	65.3	64.5	57.0
No Blood Stool Test in Last Year	82.2	84.9 H	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	55.7	60.8 H	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	67.1	68.5 H	57.0

\*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

\*\* The best indicators for Ralls county were obtained by combining data from Ralls and Pike counties.